



**Alliance for
Community
Traffic
Safety**

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*Community Traffic Safety Program
Child Safety Seat Resource Center*

Walk & Bike to School Day

Each year the 1st Wednesday in October marks *International Walk & Bike to School Day*. Already over 1100 schools in 47 states have registered for events including 64 schools in Oregon. This is a great chance to walk or bike with your child, grandchild or neighborhood children to encourage active transportation and physical activity.

Studies have shown that only one generation ago, over 40% of school age children walked or biked to school, yet currently less than 16% are using active transportation to get to and from school. More and more children are being driven to school now by their parents.



Most parents have the perception that driving alone with their children makes them safer than walking, biking or riding a school bus. However, parents are far more likely to be involved in a crash transporting their c

hildren to school than the child would have been if they were using other modes of transportation.

Top concerns for most parents include distance to the school, traffic safety concerns or things like stranger danger. However this is a great time to talk to other parents and get a walking school bus or a bike train established. These allow children to get in physical activity, are better for the environment, reduce crime and create awareness for drivers to move slowly near large groups of children and around schools. [Visit this link](#) for more information on how to get your school registered for Walk & Bike to School Day.